

## Deer Park Summer Courses 2015

We at Deer Park are again so fortunate that **Jangtse Choje Rinpoche** will be teaching these Summer Courses for 2015:

- ❖ **July 7 to 31:** A presentation of Gelug Mahamudra with commentaries on guru yoga and the First Panchen Lama's root text and auto-commentary on the Gelug/Kagyü tradition of Mahamudra. Please see below for important information on this program. [Registration Form!](#)
- ❖ **August 3 to 14:** A teaching on Bodhicitta based on *Rays of the Sun - A Mind Training* and Nagarjuna's *Explanation of Bodhicitta*, with translation into English and Mandarin. [Details Registration Form!](#) Suggested reading:
  - ***Mind Training Like the Rays of the Sun*** – Nam Kha Pel, Edited by Jeremy Russell
  - ***A Commentary On The Awakening Mind*** – Nagarjuna – Translated by Geshe Thupten Jinpa: [Commentary on the Awakening Mind](#) (available free but the Institute of Tibetan Classics gladly accepts donations for their work)

[Housing Options!](#)

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### Guru Yoga and Gelug Mahamudra Tuesday, July 7<sup>th</sup> through Friday, July 31<sup>st</sup>

For Summer Course 2015 [Jangtse Choje Rinpoche](#) (Gyume Khensur Lobsang Tenzin) will interweave a commentary on guru yoga based on the *Guru Puja (Lama Chopra)* with a commentary on Gelug Mahamudra based on Panchen Losang Chokyi Gyaltsen's auto-commentary of his work *A Root Text for the Precious Gelug/Kagyü Tradition of Mahamudra: The Main Road of the Triumphant Ones*. Guru yoga is an integral part of mahamudra study and practice.

"Mahamudra, the 'great sealing nature', refers to the systems of meditation on both the conventional and ultimate natures of mind." \*\* In Gelug tradition, it is divided into Sutra and Mantra approaches, and involves guru yoga as well as calm abiding and insight meditation. Though the Gelug oral lineage of mahamudra begins with Lama Tsong Khapa, these teachings were initially written down and elucidated by the First Panchen Lama, Losang Chokyi Gyaltsen. For more detailed discussions of this lineage of mahamudra, please see the texts below as well as the [Berzin Archives: An Introduction to Mahamudra](#) and [Mahamudra and the Four Noble Truths](#).

**Important Prerequisites:** Because of the complexity and profundity of the subject of mahamudra, this program is recommended for people who already have a strong foundation in sutrayana and Lam Rim study and practice. In addition, Jangtse Choje Rinpoche asks that all attendees already have an anuttara (highest) yoga-tantra initiation other than the Kalachakra. *If there are enough people interested in attending who do not have this prerequisite, Rinpoche will confer a Yamantaka initiation the weekend before the course begins.* Taking this initiation will minimally have a lifelong daily commitment of the 6-session Guru Yoga and perhaps a small number of mantra recitations. If you want to receive this initiation if it is given so you can attend the program, PLEASE [REGISTER](#) ASAP. Thank you.

**Suggested Guru Yoga and Gelug Mahamudra Texts** (\* Starred texts are recommended to bring to the course.)

- ***\*The Union of Bliss and Emptiness – A Commentary on Guru Yoga Practice*** – His Holiness the Dalai Lama
- ***\*The Gelug/Kagyü Tradition of Mahamudra*** – His Holiness the Dalai Lama & Alex Berzin (\*\* quoted above)  
His Holiness presents his commentary on Panchen Losang Chokyi Gyaltsen's *Root Text for Mahamudra* and self-commentary. Alex Berzin gives an introduction to Mahamudra and a translation of the root text. Much of this book is available online at the [Berzin Archives](#). (A draft translation of the First Panchen Lama's self-commentary will be available at cost for course attendees.)
- ***Enlightened Beings - Life Stories from the Ganden Oral Tradition*** (of Mahamudra) – Janice D Willis

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**Schedule (Weekdays):** Jangtse Choje Rinpoche will teach **10:00 AM - 12:00 noon** and **2:00 PM – 3:30 PM**. Some days will have a discussion session from 3:45 to 4:45 PM hosted by a senior sangha member or layperson.

**The Long Life Puja for Jangtse Choje Rinpoche will be held on Sunday, July 26<sup>th</sup> at 9 am**



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[Housing Options!](#)

**Sangha Housing:** Very limited housing is available for sangha at Deer Park.\*\* Ordained monks should contact Ven. Lhundub Sherab (608-835-5572 or [Lsherab@hotmail.com](mailto:Lsherab@hotmail.com) ) to see if space is available. All rooms available at Deer Park for nuns are already filled for the time during the course. We are sorry. Please see the list provided for other housing options in the Madison area.

**Housing for Laypeople:** Lay students are asked to make their own housing arrangements. Please see the list provided for housing options in the Madison area.

**Suggested Donation:** The suggested donation for the complete program (20 days), including lunches\*, is \$580 (\$29/day). Early deposit is not necessary. **There is no charge for ordained sangha. No one is refused for inability to pay.**

**\*Lunch:** A hot lunch (veg./non-veg.) is provided daily as part of the program so attendees have the opportunity to visit and have discussions while sharing and enjoying a delicious meal.

**\*\*Donations for Sangha:** Donations are welcome to help those sangha members most needing assistance in paying for housing at Deer Park.

**To help with planning, please register early by completing and either mailing or emailing the [Registration Form](#).**

If mailing, send to: Deer Park Buddhist Center  
Summer Course  
4548 Schneider Dr.  
Oregon, WI 53575

If emailing: [deerparkcourse@gmail.com](mailto:deerparkcourse@gmail.com)

**Please let us know as soon as possible if you register but then are not able to attend.**

We sincerely hope that you can join us for this very auspicious program. Questions should be mailed to the address above or emailed to [deerparkcourse@gmail.com](mailto:deerparkcourse@gmail.com); or call Cathy or Frank at 608-233-6954. Updated information will also be available on Deer Park's website: <http://www.deerparkcenter.org>.

